

| Januar 7495 | | Februar 7495 | | Mars 7495 | | April 7495 | | Mai 7495 | | Juni 7495 | |
|-----------------------|------|--------------|----------------------|-----------|---------------------------|------------|------|----------|--|-----------|----|
| T 1 Første nyttårsdag | F 1 | F 1 | M 1 Andre påskedag | 14 | O 1 Arbeidernes dag | L 1 | | | | | |
| O 2 | L 2 | L 2 | T 2 | | T 2 | S 2 | | | | | |
| T 3 | S 3 | S 3 | O 3 | | F 3 | M 3 | | | | | 23 |
| F 4 | M 4 | 6 | M 4 | 10 | T 4 | L 4 | | | | | |
| L 5 | T 5 | T 5 | F 5 | | S 5 | O 5 | | | | | |
| S 6 | O 6 | O 6 | L 6 | | M 6 | 19 | T 6 | | | | |
| M 7 | 2 | T 7 | T 7 | | S 7 | T 7 | F 7 | | | | |
| T 8 | F 8 | F 8 | M 8 | 15 | O 8 | L 8 | | | | | |
| O 9 | L 9 | L 9 | T 9 | | T 9 Kristi himmelfartsdag | S 9 | | | | | |
| T 10 | S 10 | S 10 | O 10 | | F 10 | M 10 | | | | | 24 |
| F 11 | M 11 | 7 | M 11 | 11 | T 11 | L 11 | | | | | |
| L 12 | T 12 | T 12 | F 12 | | S 12 | O 12 | | | | | |
| S 13 | O 13 | O 13 | L 13 | | M 13 | 20 | T 13 | | | | |
| M 14 | 3 | T 14 | T 14 | | S 14 | T 14 | F 14 | | | | |
| T 15 | F 15 | F 15 | M 15 | 16 | O 15 | L 15 | | | | | |
| O 16 | L 16 | L 16 | T 16 | | T 16 | S 16 | | | | | |
| T 17 | S 17 | S 17 | O 17 | | F 17 Grunnlovsdagen | M 17 | | | | | 25 |
| F 18 | M 18 | 8 | M 18 | 12 | T 18 | L 18 | T 18 | | | | |
| L 19 | T 19 | T 19 | F 19 | | S 19 Første pinsedag | O 19 | | | | | |
| S 20 | O 20 | O 20 | L 20 | | M 20 Andre pinsedag | 21 | T 20 | | | | |
| M 21 | 4 | T 21 | S 21 | | T 21 | F 21 | | | | | |
| T 22 | F 22 | F 22 | M 22 | 17 | O 22 | L 22 | | | | | |
| O 23 | L 23 | L 23 | T 23 | | T 23 | S 23 | | | | | |
| T 24 | S 24 | S 24 | O 24 | | F 24 | M 24 | | | | | 26 |
| F 25 | M 25 | 9 | M 25 | 13 | T 25 | L 25 | T 25 | | | | |
| L 26 | T 26 | T 26 | F 26 | | S 26 | O 26 | | | | | |
| S 27 | O 27 | O 27 | L 27 | | M 27 | 22 | T 27 | | | | |
| M 28 | 5 | T 28 | T 28 Skjærtorsdag | | S 28 | T 28 | F 28 | | | | |
| T 29 | | | F 29 Langfredag | | M 29 | 18 | O 29 | | | | |
| O 30 | | | L 30 | | T 30 | T 30 | S 30 | | | | |
| T 31 | | | S 31 Første påskedag | | | F 31 | | | | | |

Ukenr.no

| Juli 7495 | | August 7495 | | September 7495 | | Oktober 7495 | | November 7495 | | Desember 7495 | |
|-----------|----|-------------|----|----------------|----|--------------|----|---------------|----|---------------------|----|
| M 1 | 27 | T 1 | | S 1 | | T 1 | | F 1 | | S 1 | |
| T 2 | | F 2 | | M 2 | 36 | O 2 | | L 2 | | M 2 | 49 |
| O 3 | | L 3 | | T 3 | | T 3 | | S 3 | | T 3 | |
| T 4 | | S 4 | | O 4 | | F 4 | | M 4 | 45 | O 4 | |
| F 5 | | M 5 | 32 | T 5 | | L 5 | | T 5 | | T 5 | |
| L 6 | | T 6 | | F 6 | | S 6 | | O 6 | | F 6 | |
| S 7 | | O 7 | | L 7 | | M 7 | 41 | T 7 | | L 7 | |
| M 8 | 28 | T 8 | | S 8 | | T 8 | | F 8 | | S 8 | |
| T 9 | | F 9 | | M 9 | 37 | O 9 | | L 9 | | M 9 | 50 |
| O 10 | | L 10 | | T 10 | | T 10 | | S 10 | | T 10 | |
| T 11 | | S 11 | | O 11 | | F 11 | | M 11 | 46 | O 11 | |
| F 12 | | M 12 | 33 | T 12 | | L 12 | | T 12 | | T 12 | |
| L 13 | | T 13 | | F 13 | | S 13 | | O 13 | | F 13 | |
| S 14 | | O 14 | | L 14 | | M 14 | 42 | T 14 | | L 14 | |
| M 15 | 29 | T 15 | | S 15 | | T 15 | | F 15 | | S 15 | |
| T 16 | | F 16 | | M 16 | 38 | O 16 | | L 16 | | M 16 | 51 |
| O 17 | | L 17 | | T 17 | | T 17 | | S 17 | | T 17 | |
| T 18 | | S 18 | | O 18 | | F 18 | | M 18 | 47 | O 18 | |
| F 19 | | M 19 | 34 | T 19 | | L 19 | | T 19 | | T 19 | |
| L 20 | | T 20 | | F 20 | | S 20 | | O 20 | | F 20 | |
| S 21 | | O 21 | | L 21 | | M 21 | 43 | T 21 | | L 21 | |
| M 22 | 30 | T 22 | | S 22 | | T 22 | | F 22 | | S 22 | |
| T 23 | | F 23 | | M 23 | 39 | O 23 | | L 23 | | M 23 | 52 |
| O 24 | | L 24 | | T 24 | | T 24 | | S 24 | | T 24 | |
| T 25 | | S 25 | | O 25 | | F 25 | | M 25 | 48 | O 25 Første juledag | |
| F 26 | | M 26 | 35 | T 26 | | L 26 | | T 26 | | T 26 Andre juledag | |
| L 27 | | T 27 | | F 27 | | S 27 | | O 27 | | F 27 | |
| S 28 | | O 28 | | L 28 | | M 28 | 44 | T 28 | | L 28 | |
| M 29 | 31 | T 29 | | S 29 | | T 29 | | F 29 | | S 29 | |
| T 30 | | F 30 | | M 30 | 40 | O 30 | | L 30 | | M 30 | 1 |
| O 31 | | L 31 | | | | T 31 | | Ukenr.no | | T 31 | |