

| Januar 5981 | | Februar 5981 | | Mars 5981 | | April 5981 | | Mai 5981 | | Juni 5981 | |
|-----------------------|------|--------------|------|---------------------|----------------------|------------|----------------------------|----------|---------------------|-----------|--|
| T 1 Første nyttårsdag | S 1 | S 1 | O 1 | F 1 Arbeidernes dag | M 1 | 23 | | | | | |
| F 2 | M 2 | 6 | M 2 | 10 | T 2 | | L 2 | | T 2 | | |
| L 3 | T 3 | | T 3 | | F 3 | | S 3 | | O 3 | | |
| S 4 | O 4 | | O 4 | | L 4 | | M 4 | 19 | T 4 | | |
| M 5 | 2 | T 5 | T 5 | | S 5 | | T 5 | | F 5 | | |
| T 6 | F 6 | | F 6 | | M 6 | 15 | O 6 | | L 6 | | |
| O 7 | L 7 | | L 7 | | T 7 | | T 7 | | S 7 Første pinsedag | | |
| T 8 | S 8 | | S 8 | | O 8 | | F 8 | | M 8 Andre pinsedag | 24 | |
| F 9 | M 9 | 7 | M 9 | 11 | T 9 | | L 9 | | T 9 | | |
| L 10 | T 10 | | T 10 | | F 10 | | S 10 | | O 10 | | |
| S 11 | O 11 | | O 11 | | L 11 | | M 11 | 20 | T 11 | | |
| M 12 | 3 | T 12 | T 12 | | S 12 | | T 12 | | F 12 | | |
| T 13 | F 13 | | F 13 | | M 13 | 16 | O 13 | | L 13 | | |
| O 14 | L 14 | | L 14 | | T 14 | | T 14 | | S 14 | | |
| T 15 | S 15 | | S 15 | | O 15 | | F 15 | | M 15 | 25 | |
| F 16 | M 16 | 8 | M 16 | 12 | T 16 Skjærtorsdag | | L 16 | | T 16 | | |
| L 17 | T 17 | | T 17 | | F 17 Langfredag | | S 17 Grunnlovsdagen | | O 17 | | |
| S 18 | O 18 | | O 18 | | L 18 | | M 18 | 21 | T 18 | | |
| M 19 | 4 | T 19 | T 19 | | S 19 Første påskedag | | T 19 | | F 19 | | |
| T 20 | F 20 | | F 20 | | M 20 Andre påskedag | 17 | O 20 | | L 20 | | |
| O 21 | L 21 | | L 21 | | T 21 | | T 21 | | S 21 | | |
| T 22 | S 22 | | S 22 | | O 22 | | F 22 | | M 22 | 26 | |
| F 23 | M 23 | 9 | M 23 | 13 | T 23 | | L 23 | | T 23 | | |
| L 24 | T 24 | | T 24 | | F 24 | | S 24 | | O 24 | | |
| S 25 | O 25 | | O 25 | | L 25 | | M 25 | 22 | T 25 | | |
| M 26 | 5 | T 26 | T 26 | | S 26 | | T 26 | | F 26 | | |
| T 27 | F 27 | | F 27 | | M 27 | 18 | O 27 | | L 27 | | |
| O 28 | L 28 | | L 28 | | T 28 | | T 28 Kristi himmelfartsdag | | S 28 | | |
| T 29 | | | S 29 | | O 29 | | F 29 | | M 29 | 27 | |
| F 30 | | | M 30 | 14 | T 30 | | L 30 | | T 30 | | |
| L 31 | | | T 31 | | | | S 31 | | | | |

Ukenr.no

| Juli 5981 | | August 5981 | | September 5981 | | Oktober 5981 | | November 5981 | | Desember 5981 | |
|-----------|------|-------------|------|----------------|---------------------|--------------|--|---------------|------|---------------|------|
| O 1 | L 1 | T 1 | T 1 | S 1 | T 1 | | | | | | |
| T 2 | S 2 | O 2 | F 2 | M 2 | O 2 | | | 45 | O 2 | | |
| F 3 | M 3 | T 3 | L 3 | T 3 | T 3 | | | | | | |
| L 4 | T 4 | F 4 | S 4 | O 4 | F 4 | | | | | | |
| S 5 | O 5 | L 5 | M 5 | T 5 | L 5 | | | | | | |
| M 6 | T 6 | S 6 | T 6 | F 6 | S 6 | | | | | | |
| T 7 | F 7 | M 7 | O 7 | L 7 | M 7 | | | | | | 50 |
| O 8 | L 8 | T 8 | T 8 | S 8 | T 8 | | | | | | |
| T 9 | S 9 | O 9 | F 9 | M 9 | O 9 | | | 46 | O 9 | | |
| F 10 | M 10 | T 10 | L 10 | T 10 | T 10 | | | | | | |
| L 11 | T 11 | F 11 | S 11 | O 11 | F 11 | | | | | | |
| S 12 | O 12 | L 12 | M 12 | T 12 | L 12 | | | | | | |
| M 13 | T 13 | S 13 | T 13 | F 13 | S 13 | | | | | | |
| T 14 | F 14 | M 14 | O 14 | L 14 | M 14 | | | | | | 51 |
| O 15 | L 15 | T 15 | T 15 | S 15 | T 15 | | | | | | |
| T 16 | S 16 | O 16 | F 16 | M 16 | O 16 | | | 47 | O 16 | | |
| F 17 | M 17 | T 17 | L 17 | T 17 | T 17 | | | | | | |
| L 18 | T 18 | F 18 | S 18 | O 18 | F 18 | | | | | | |
| S 19 | O 19 | L 19 | M 19 | T 19 | L 19 | | | | | | |
| M 20 | T 20 | S 20 | T 20 | F 20 | S 20 | | | | | | |
| T 21 | F 21 | M 21 | O 21 | L 21 | M 21 | | | | | | 52 |
| O 22 | L 22 | T 22 | T 22 | S 22 | T 22 | | | | | | |
| T 23 | S 23 | O 23 | F 23 | M 23 | O 23 | | | 48 | O 23 | | |
| F 24 | M 24 | T 24 | L 24 | T 24 | T 24 | | | | | | |
| L 25 | T 25 | F 25 | S 25 | O 25 | F 25 Første juledag | | | | | | |
| S 26 | O 26 | L 26 | M 26 | T 26 | L 26 Andre juledag | | | | | | |
| M 27 | T 27 | S 27 | T 27 | F 27 | S 27 | | | | | | |
| T 28 | F 28 | M 28 | O 28 | L 28 | M 28 | | | | | | 53 |
| O 29 | L 29 | T 29 | T 29 | S 29 | T 29 | | | | | | |
| T 30 | S 30 | O 30 | F 30 | M 30 | O 30 | | | 49 | O 30 | | |
| F 31 | M 31 | | L 31 | | | | | Ukenr.no | | | T 31 |